

Your home life – Nov 09

With the warmer days recently, spring is definitely upon us. With this in mind, maybe now is a good time to do some spring cleaning...

There's the old rule that if you haven't worn an item of clothing for a year, it's time to throw it out. But there are plenty of places that will recycle your pre-loved, good quality clothing. As well as the clothing bins dotted around the city and Recycle Boutique (www.recycleboutique.co.nz) in Cuba Street, women's 'professional' wear can be donated to Dress for Success (www.dressforsuccess.org.nz) on Willis Street to help disadvantaged women who are trying to enter the workforce.

Old glasses and spectacles can be donated to Visique and OPSM optometrists where they are forwarded to help visually impaired people in impoverished areas.

If you're cleaning out your household rubbish, did you know that Resene will take your old cans of paint for recycling or safe disposal? Drop them off at your local Resene Paintwise Collection centre (locations on their website www.resene.co.nz/paintwise).

Got an old white ware appliance? Fisher and Paykel offer collection services where they will recycle or safely dispose of any brand appliances. Pick up fee is \$25. Go to the About Us section of their website (www.fisherpaykel.co.nz) and follow links for Environment and Recycling for more details.

Do you know what's in your medicine cabinet? If pills, creams and lotions are past their Use By dates maybe it's a good idea to clear them out and take them to your local pharmacy for safe disposal.

If you're thinking about a new job or career change in 2010, now might be a good time to spend a bit of time getting your CV or resume up to date.

With the festive season coming up, people start booking their trips away. If you're taking your car on a long journey, how about getting it serviced or checked over by an expert before you go, for that added peace of mind.